

The Embodiment Sanctuary

Goddess Loves

## A Sacred Women's Expressive Embodiment Circle & Chakra Clearing

with

Alisa Wright Tanny & Laney Goodman www.TheEmbodimentSanctuary.com www.SacredWavesofRhythm.com

Awaken – Embody – Align Your Shakti Prana Chi Life Force Energy for Balanced Health, Joy & Empowerment

Embody the feminine/masculine expressions of Goddess Archetypes within the Chakras Guided Journeys • Live Music • Soundscapes and Chants

Embodied Movement • Dance Meditation • Embodyoga®• ChakraStories

"The spiritual journey went deep, thank you for offering so many teachings. Just to watch you move, Alisa, is a teaching. Laney, your voice with your drumming beckon us to listen to the Goddess." – Carol Beauvais, Ph.D.



Wed., Apr. 18, 2-5pm "Growing Roots & Grounding" Sat., Jun. 16, 2-5pm "Blossoming Acceptance & Expression" Wed., Sept. 26, 2–5pm "Nourishing Empowerment & Resilience"

Arlington Center • 369 Mass Avenue, Arlington, MA

\$40 per workshop • \$75 2 workshops • \$110 3 workshops

Limited spaces available. Please register and save your space using the link below PayPal: Alisa@theembodimentsanctuary.com \*This is a SCENT free space & Alcohol/Drug free event\*

*For more information:* call **413-695-6950** or visit **www.TheEmbodimentSanctuary.com / www.sacredwavesofrhythm.com**